



ST HELEN
and
ST KATHARINE

DAILY MENU

Monday, 19th November

Cream of vegetable soup (V)

Beef lasagna

Sausages with mash and gravy

Macaroni cheese (V)

Spinach & feta tartlet (V)

Chipotle prawn chilli

Mash / Jacket potatoes (V)

Roast carrots (V)

Buttered leeks (V)

Rice pudding with raspberry coulis



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Tuesday 20th December

Pumpkin soup (V)

Chicken korma

Fish papillotte with vegetable julienne

Slow roast Beijing duck legs

Plain pasta, tomato sauce (V)

Leek and cheddar quiche (V)

Jacket Potato / Wild rice (V)

Parsley carrots (V)

Broccoli florets (V)

Gingerbread pudding with custard



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Wednesday 21st November

Red pepper and quinoa soup (V)

Cottage pie

*Farfalle Pasta in creamy smoked
salmon sauce*

*Honey roasted chicken drumsticks
Roast vegetable & goat cheese frittata (V)*

Red lentil dahl with wild rice (V)

Jacket / Roast baby potatoes (V)

Cauliflower florets (V)

Savoy Cabbage (V)

*Raspberry vanilla pudding with
Custard*



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DAILY MENU

Thursday 22nd November

St Katharine's Day

PIZZA

CRISPS

FRUIT

FRESHLY BAKED CUP CAKES



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Friday 23rd November

Cream of vegetable soup (V)

Katsu chicken curry

Vegetarian sausages (V)

Chicken breast in Parma ham

Butternut & lentil Kedgeree (V)

*Linguine with prawn, clams, lemon &
basil*

Jacket Potato/Wild rice (V)

Garden peas (V)

Market vegetables (V)

Baked beans (V)

Chocolate fondant, chocolate sauce