



ST HELEN AND ST KATHARINE

PERSONAL DEVELOPMENT (PD) POLICY

Aims

The personal development curriculum aims to:

- develop self-esteem, confidence, independence and responsibility.
- encourage respect for other people, paying particular regard to the protected characteristics set out in the 2010 Act (a).
- develop healthy lifestyles that help pupils to keep themselves and others safe.
- develop effective and fulfilling relationships and show respect for themselves and others.
- encourage pupils to reflect on their own learning and make the most of their abilities.
- encourage pupils to play an active role as citizens and as members of society.
- contribute to the preparation of pupils for the opportunities, responsibilities and experiences of life in British society and actively promote fundamental British values.

Through our key themes the PD curriculum supports the aims and ethos of the school:

“At St Helen and St Katharine we believe that as a school we have an important role to play in encouraging girls to discover and develop their own strengths, enabling them to achieve academically and develop the self-belief and confidence that will equip them for life. Eager to learn, and motivated to do their best, our pupils take advantage of the many opportunities on offer. We encourage them to challenge themselves and to take risks, both academically and beyond the classroom; we are also committed to creating a secure and supportive environment in which girls feel they can make mistakes as they learn. St Helen’s is a school where success is celebrated but not revered. Our pupils achieve excellent academic results and our goal is to ensure that every girl achieves success as she defines it, so that she can believe in herself, her talents and abilities, and so that she will feel prepared and equipped for life beyond school.”

Delivery

Personal development is an intrinsic part of the education and pastoral care of the pupils in the school. The subject consists of personal, social, health and economic education, as well as citizenship and careers.

Years 5 and 6 PD scheme of work and delivery is monitored by the Head of the Junior Department. The Head of PD is responsible for the schemes of work, lesson materials and monitoring of the effectiveness of the timetabled single lesson for Years 7 to 11. These lessons are delivered in tutor groups by form tutors and support tutors. Some key topics are reinforced by specialist speakers from outside school and the SRE curriculum is taught by a team of staff who have been trained by the school nurse and counsellor. Training of staff is provided by the head of personal development, the school nurse and school counsellor. The Sixth Form have a timetabled double General Studies lesson, this is a non-examined course with a varied programme including, for Lower Sixth, a critical thinking course.

Monitoring and evaluation

The quality of delivery is monitored by the head of personal development through learning walks and conversations with individual tutors. Lesson materials are evaluated by the tutors after each lesson and by the pupils via School Council.

Links to other policies

Sex and Relationships Policy
Anti-Bullying Policy
Safeguarding Policy
Curriculum Policy

Appendix

Appendix 1 - Personal Development Curriculum 2016-2017 Years 5 – 11
Sixth Form GS curriculum by term may be found on the extranet.

Policy last reviewed.....Trinity 2016
Next review due.....Trinity 2018
Person responsible for review:..... Head of PD/Director of Students
Audience:.....Staff/Parents